

# Information you need to know about Corona Virus (Covid-19)

What type of virus is it?

- It is a novel virus. It is usually transmitted from human to human through air droplets and from surfaces contaminated with the virus.

What are the symptoms?

- Symptoms may include cough, fever, throat pain, difficulties in breathing

Are there any cures available right now?

- Vaccine has not been invented yet
- Patients with severe breathing difficulties needs to be monitored by doctors

How vulnerable are you at this situation?

- If you travel to a place where the chances of spreading is high
- If you do not use precaution after getting out and returning home
- If you do not maintain social distancing(2 meter) while you are outside

## How can you be safe in this critical situation?



1. Wash your hands frequently with soap for minimum 20 second after you come home from outside.

2. Do not touch your nose, mouth, eyes without washing your hands.

3. Use napkins when you cough or cover your mouth with elbow. Same applies to the kids.

4. Avoid sharing common things with family members in the home if you develop symptoms for covid-19.

5. Dial the National Healthcare line 333, if you have symptoms for COVID-19.